

**Municipal District of Bighorn**

Tel: 403-673-3611, Calgary Direct 403-233-7678

Email: [bighorn@mdbighorn.ca](mailto:bighorn@mdbighorn.ca)[www.mdbighorn.ca](http://www.mdbighorn.ca)

My Street Address: \_\_\_\_\_

My Fire Emergency Address: \_\_\_\_\_

My Legal Address: \_\_\_\_\_

**Community Services and Contact Information 24-hour numbers**

<b>Police / Fire / Ambulance</b>	<b>911</b>
RCMP Canmore	403-678-5516
Cochrane	403-932-2211
Sundre	403-638-3655
<i>Community Watch issues; call local RCMP <u>not</u> 911</i>	
MD Bighorn Bylaw Services	403-673-3611, 233 or 160
MD Public Works Emergency	403-673-3611, option 1
Bow Valley SPCA	403-609-2022
Cochrane Humane Society	403-932-2072
<b>Forest Fires (toll-free, 24/7)</b>	<b>310-FIRE (3473)</b>
<b>Report a Poacher &amp; Land Use Infractions</b>	<b>800-642-3800</b>
Fish and Wildlife Canmore	403-678-2373
Cochrane	403-932-2388
Frances Cooke Regional Landfill	403-673-2708

**Crisis Supports**

<b>Bow Valley Victim Services</b>	<b>403-760-0197</b>
<b>Cochrane &amp; Area Victim Services</b>	<b>403-851-8055</b>
<b>AHS Addiction Services- Help Line</b>	<b>1-866-332-2322</b>
<b>AHS Mental Health Crisis Line</b>	<b>1-877-303-2642</b>
Mental Health Clinics - Canmore	403-678-3133
Cochrane	403-851-6100
<b>Distress Centre Crisis Line</b>	<b>211</b>

**Family Violence**

<b>Child and Family Services – Calgary</b>	<b>403-297-6100</b>
<b>Child Abuse Line (24hr)</b>	<b>800-387-KIDS (5437)</b>
<b>24 Hour Family Violence Helpline</b>	<b>403-234-SAFE (7233)</b>
<b>(Calgary Emergency Shelter) toll-free</b>	<b>866-606-7233</b>
<b>YWCA Sheriff King Crisis Line</b>	<b>403-266-0707</b>
<b>Family Violence Info Line (toll-free, 24/7)</b>	<b>403-310-1818</b>

myAlbertaSupports.ca **877-644-9992****Health Services**

<b>Alberta Health Link</b>	<b>811</b>
<b>Poison Centre</b>	<b>800-332-1414</b>
<b>Canmore Hospital - Emergency Dept.</b>	<b>403-678-5536</b>
<b>Cochrane Urgent Care</b>	<b>403-851-6000</b>
Canmore Public Health	403-678-5656
Cochrane Community Health	403-851-6000
Home Care Canmore	403-678-7200
Home Care Cochrane	403-851-6060
<b>STD's / AIDS / HIV Information Line</b>	<b>811</b>

**Family & Community Support Services**

<b>Community and Social Supports</b>	<b>211</b>
FCSS Canmore	403-609-3743
FCSS Cochrane	403-851-2250
MD Bighorn Community Services	403-673-3611 x 223
Parent Support Association of Calgary	403-270-1809
<b>Kids Help Phone</b>	<b>800-668-6868</b>
<b>Teen Help Line (Peer Talk)</b>	<b>403-264-TEEN (8336)</b>
<b>Bullying Help Line</b>	<b>888-456-2323</b>
Cochrane Boys & Girls Club	403-932-4747
Parent Link Canmore	403-678-2529
Parent Link - Rocky View (Cochrane)	403-851-2265

**Libraries**

Bighorn Public (Exshaw)	403-673-3571
Canmore Public	403-678-2468
Nan Boothby Public (Cochrane)	403-932-4353
Water Valley Library	403-637-3899

**Community Groups**

Beaupre Community Association	<a href="http://www.beauprehall.com">www.beauprehall.com</a>
Benchlands Community Association	<a href="mailto:mail@redcougar.ca">mail@redcougar.ca</a>
Dead Man's Flats Community Association	<a href="mailto:shanejonker@gmail.com">shanejonker@gmail.com</a>
Exshaw Community Association	<a href="http://www.exshaw.ca">www.exshaw.ca</a>
Exshaw Legion 179	<a href="mailto:exshaw179@shaw.ca">exshaw179@shaw.ca</a>
Ghost Waiparous Trails Association	<a href="mailto:gwt.a.ab.ca@gmail.com">gwt.a.ab.ca@gmail.com</a>
Ghost Watershed Alliance Society	<a href="http://www.ghostwatershed.ca">www.ghostwatershed.ca</a>
Harvie Heights Community Association	<a href="mailto:hccassoc@gmail.com">hccassoc@gmail.com</a>
Heart Mountain Go-getters	<a href="http://www.exshaw.ca/heart-mountain-go-getters">www.exshaw.ca/heart-mountain-go-getters</a>
Jumpingpound Community Association	<a href="mailto:jumpingpoundhall@gmail.com">jumpingpoundhall@gmail.com</a>
Lac des Arcs Community Association	<a href="mailto:lacdesarcsca@gmail.com">lacdesarcsca@gmail.com</a>
Water Valley Community Association	<a href="http://www.ilovewatervalley.com">www.ilovewatervalley.com</a>

**Useful Links:**

Alberta Emergency Alert	<a href="http://www.emergencyalert.alberta.ca">www.emergencyalert.alberta.ca</a>
Emergency Preparedness – 72-hour kit	<a href="http://www.aema.alberta.ca/personal-emergency-preparedness">http://www.aema.alberta.ca/personal-emergency-preparedness</a>
MD Bighorn website	<a href="http://mdbighorn.ca/">http://mdbighorn.ca/</a>
• Emergency notification sign up	<a href="http://mdbighorn.ca/379/Emergency-Notification">http://mdbighorn.ca/379/Emergency-Notification</a>
• Community Services	<a href="http://mdbighorn.ca/269/community-services/">http://mdbighorn.ca/269/community-services/</a>
• Event Calendars	<a href="http://mdbighorn.ca/449/events/">http://mdbighorn.ca/449/events/</a>
Bow Valley Affordability Guide	<a href="http://www.banff.ca/index.aspx?NID=187">www.banff.ca/index.aspx?NID=187</a>
Crossway Thrift Store (Canmore)	<a href="http://web.rmvc.ca/thrift-store.html">http://web.rmvc.ca/thrift-store.html</a>
Cochrane Home Treasures	<a href="http://www.cochranehometreasures.ca/">http://www.cochranehometreasures.ca/</a>
Clothesline Thrift Store (Cochrane)	<a href="http://www.cochraneactivettes.com/clothing-store-cochrane/">http://www.cochraneactivettes.com/clothing-store-cochrane/</a>

# Council

**Reeve**Dene Cooper, WARD 1 403-673-3968  
[dene.cooper@mdbighorn.ca](mailto:dene.cooper@mdbighorn.ca)**Deputy Reeve**Paul Clark, WARD 3 403-651-3636  
[paul.clark@mdbighorn.ca](mailto:paul.clark@mdbighorn.ca)**Councillors**Paul Ryan, WARD 1 403-609-7465  
[paul.ryan@mdbighorn.ca](mailto:paul.ryan@mdbighorn.ca)Lisa Rosvold, WARD 2 403 678 7063  
[lisa.rosvold@mdbighorn.ca](mailto:lisa.rosvold@mdbighorn.ca)Erik Butters, WARD 4 403-932-2649  
[erik.butters@mdbighorn.ca](mailto:erik.butters@mdbighorn.ca)